Online Abortion Service: For The Right To Decide
Factors Influencing Women’s Decisions To Seek Online Abortion Service
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Introduction
- High Maternal Mortality and Morbidity in Latin America.
- Mexico and Chile are two countries with poor abortion policies.
- Mexico City is the only state where abortion is legal and for free.
- Lack of research on telemedicine in relation to abortion.

Methods
Mixed methods → 345 Mexican and 241 Chilean consultations forms, and 14 interviews

Stigma, childcare and lack of abortion policies were the main factors influencing women in Mexico and Chile to seek telemedicine abortion.

Safety and Privacy were the main reasons for women, in both countries, to seek online abortion services.

Main Reasons Women to seek abortion services.

<table>
<thead>
<tr>
<th>Reason</th>
<th>Mexico %</th>
<th>Chile %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abusive partner</td>
<td>23,60%</td>
<td>17,90%</td>
</tr>
<tr>
<td>Keep it secret</td>
<td>33,60%</td>
<td>32,60%</td>
</tr>
<tr>
<td>Stigma</td>
<td>20,70%</td>
<td>30,50%</td>
</tr>
<tr>
<td>Childcare</td>
<td>42,30%</td>
<td>37,90%</td>
</tr>
<tr>
<td>Distance</td>
<td>51,80%</td>
<td>46,60%</td>
</tr>
<tr>
<td>Cost</td>
<td>4,10%</td>
<td>23,50%</td>
</tr>
<tr>
<td>Work or school</td>
<td>20%</td>
<td>28%</td>
</tr>
<tr>
<td>Legal restriction</td>
<td>36,90%</td>
<td>53%</td>
</tr>
</tbody>
</table>

“...The colonization left bad things in Chile. The Catholic Church, the macho culture, and misogyny resulted in a conservative society...added to the influence of capitalism in which women are seen as slaves and a minority in society. Women are not part of society, but controlled by society. How can the state decide over me and my body...Women are being killed by their partners/husbands; women are being silenced to speak about their rights; women are being raped...and who cares? The state should take the responsibility and make us feel secure in this country...” (37 years old, Chile).

“In Mexico City the health system supports abortion, but there is lots of misinformation. Although it is legal, many women and men do not know. Because of misinformation people see abortion as something wrong” (29 years old, Mexico).

Conclusion
- Abortion policies
- Information and education
- Health literacy → facilitator
- E-Health → a solution
- Further research is needed


When I began to suspect that I was pregnant, I took two pregnancy tests. As soon as I saw the results, I knew I wanted to have an abortion...I wanted to finish my studies and a baby wasn’t in my plans, I barely have money for myself...I told my partner and we started arguing, and he blamed me for getting pregnant...” (23 years old, Mexico)