

Accelerating Access to priority Sexual and Reproductive Health

Reaching young people where they are.

Youth driven outreach model of integration of information and services.

By Quraish Matovu Project officer-RHU



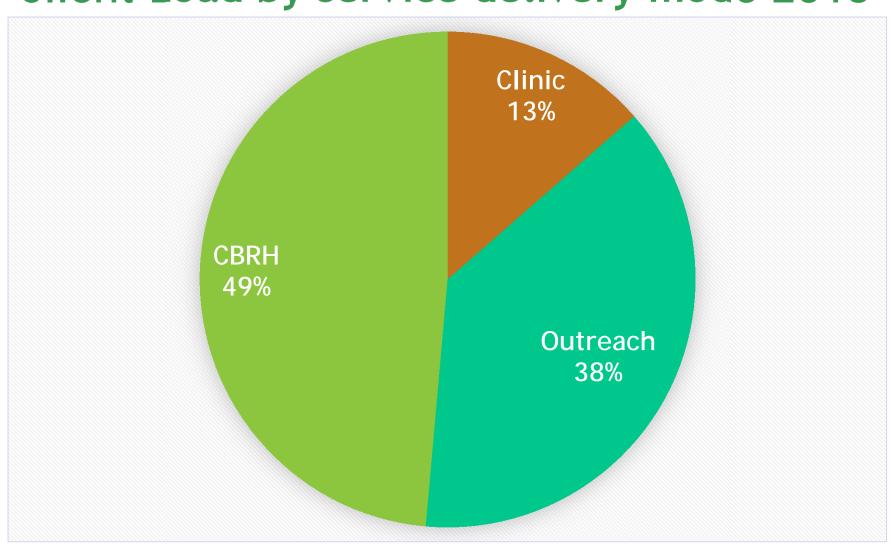


Youth Week ; Amsterdam 26-30th /09/ 20<u>16</u>

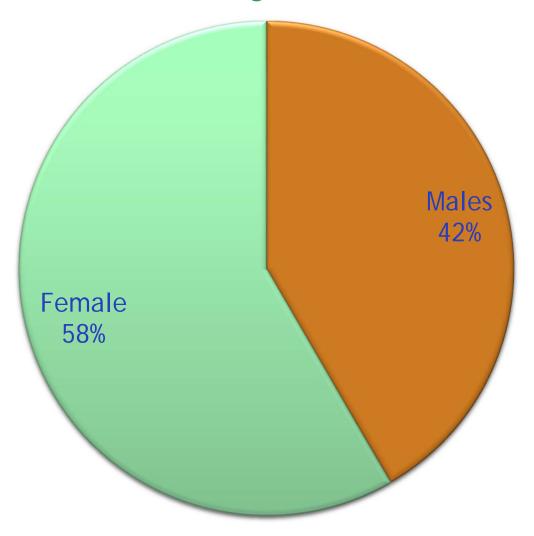
Rutgers

For sexual and reproductive health and rights

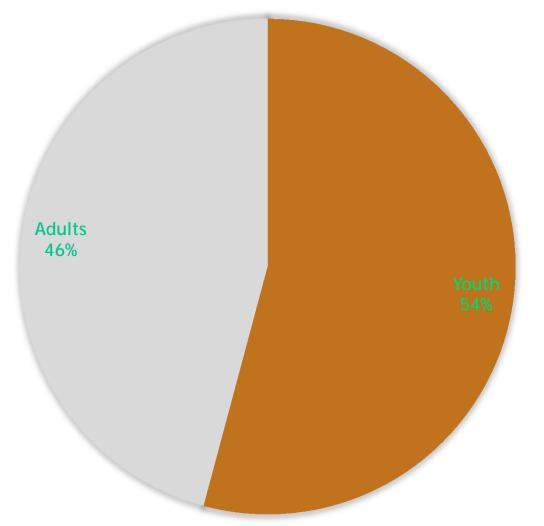
Client Load by service delivery mode 2015



Client Load by Gender 2015



Client load by age group 2015



The Youth driven - Community based model of integrated information and services.

- Approach uses community based structures to reach young people with information and services
- Works with young people as key stakeholders across all activities; planning, implementation, monitoring
- Specially uses the peer education approach
- Working with Public health providers to reach young people within communities through outreaches and model family planning camps.

Youth driven- community based model cont...

- Phone referral system or word of mouth, or written form from peer educators/VHTs to facility based service providers.
- Outreaches to most at risk, vulnerable groups of young people, and working with educators in such groups such as the young people in remand homes, the disabled, young people living with HIV among others.

Setting up the model

- Identify communities of intervention
- Map support structures such as public and private health facilities.
- Do community visits and orient community leaders.
- Identify young people and VHTs to be enrolled as educators/distributors recommended through community leaders and health care system (for VHTs)
- Train in Youth Friendly services and orient service providers in the programme
- Train educators/Distributors

Setting up the model...

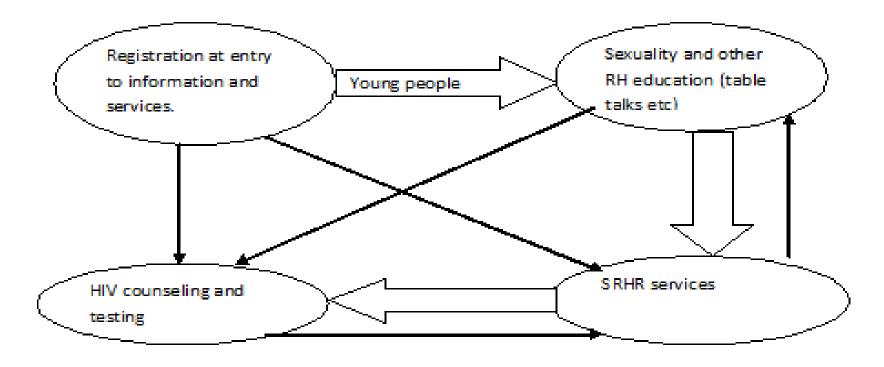
- Attach educators to private and public health facilities.
- Orient on and provide data capture tools
- Draw schedules for outreach.
- Draw monthly and quarterly review plans for educators and service providers respectively.
- Stock with contraceptives and avail information materials for educators.
- Select Youth advisory committee (YAC) from trained educators
- orient YAC in leadership roles and management for project data and quality.

Setting up the model...

- Assign roles and teams to YAC, educators, etc
- Meet monthly, review statistics, successes and challenges. Draw monthly plans
- Implement agreed way forwards.
- Continuous learning and monitoring and evaluating progress

Integrated SRHR information and services for Young people at outreach.

Model of integrated information and SRHR/HIV services delivery targeting young People.



Direct reach to desired services by young people

Integration of research into the

intervention

Works with 2 senior researchers and 8 young researchers

Data collected in three phases

Research directs next cause of action



An exit interview conducted by one of the RAs

Key learning's

- Distance and cost are critical barriers to uptake of SRHR services.
- Conducting outreahces in one place fore concective days reaches more young people(43.4%, YEP 2015)
- Youth peer education as a BCC strategy, integrated with Youth participation as a management strategy reaches Young people with relevant SRHR info and services. RHU&DFPA,2013)

Key learning's cont...

- Peer Educators important for facilitating access to SRHR services. 45.7% of a random sample of young people in YEP implementation area reported information & services from peer educators (YEP, 2015)
- Integration with recreation & edutainment promotes client retention at outreaches
- 90.6% of respondents felt they had received quality services at outreaches (YEP, 2015)
- Partnership with private & public health facilities promotes sustainability & effective referals.

challenges

- More still needs to be done to improve Quality assurance within community service delivery.
- Expensive to set up, though worth the cost
- Hard to set up at outreach (requires high numbers of human resources)
- Referrals still affected by transport to facility and other infrastructural challenges.

"The most effective way of responding to the sexual and reproductive Health needs of young people is by working with them to: understand their needs, Provide services, monitor and evaluate the services".

Thank you
Matovu Quraish
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